

Release, Waiver and Indemnity

Program: **Polar Bear Dip**

Location: **Sunnyside Park**

Program Day & Time: January 1, 2010

Participants Name

Phone Number

Participants Address

Phone Number in case of emergency

Release, Waiver and Indemnity

I HEREBY ACKNOWLEDGE that I have been advised that there exists a risk of injury to my person and damages to goods in my possession as a result of my exercise of the permission granted to me in the above application to participate in the above event.

I HEREBY FULLY ACCEPT AND ASSUME SUCH RISK, and in consideration of the permission granted to me, I undertake to comply with all regulations and directions of such staff.

IN CONSIDERATION of the permission granted to me, I for myself, my heirs, executors, administrators, successors and assigns HEREBY RELEASE, WAIVE AND FOREVER DISCHARGE the City of Toronto, staff, officials, servants, contractors, representatives, elected and appointed officials OF AND FROM ALL claims, demands, damages, costs, expenses actions, causes of action whether in law or equity, in respect of death, injury, loss or damage to my person or property HOWSOEVER CAUSED, resulting or alleged to result from my participation in the said event AND NOTWITHSTANDING that same may have been contributed to or occasioned by the negligence of any of the aforesaid.

I FURTHER HEREBY UNDERTAKE TO HOLD AND SAVE HARMLESS AND AGREE TO INDEMNIFY all of the aforesaid from and against any and all liability incurred by any or all of them arising as a result of, or in any way connected with my participation in the said event.

I WARRANT that I am physically fit to participate in the activities of the program.

BY SIGNING THIS DOCUMENT, I ACKNOWLEDGE HAVING READ, UNDERSTOOD AND AGREED TO THE ABOVE RELEASE, WAIVER AND INDEMNITY.

Date

Print Name

Signature

(If under 18 years of age,
Parent or Guardian to sign below

Date

Print Name

Signature – Parent or Guardian

Date

Print Name

Signature - Witness